

2025 -2026 Skills Progression – Design & Technology



**HOLTSPUR
SCHOOL**

Cooking and Nutrition			Pre-School	Reception
Skills	design			Soup
	make			• Designing a soup recipe as a class. • Designing soup packaging.
	evaluate			• Chopping plasticine safely. • Chopping vegetables with support.
Knowledge				• Tasting the soup and giving opinions. • Describing some of the following when tasting food: look, feel, smell and taste. • Choosing their favourite packaging design and explaining why.
				• To know that soup is ingredients (usually vegetables and liquid) blended together. • To know that vegetables are grown. • To recognise and name some common vegetables. • To know that different vegetables taste different. • To know that eating vegetables is good for us. • To discuss why different packages might be used for different foods.

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Cooking and Nutrition		Year 1	Year 2	Year 3
		Smoothies	Balanced Diet	Eating Seasonally
Skills	design	• Designing smoothie carton packaging by-hand.	• Designing three wrap ideas based on a food combination which work well together.	• Designing a recipe for a savoury tart.
	make	• Chopping fruit and vegetables safely to make a smoothie. • Juicing fruits safely to make a smoothie.	• Chopping foods safely to make a wrap. • Constructing a wrap that meets a design brief. • Grating foods to make a wrap. • Snipping smaller foods instead of cutting.	• Following the instructions within a recipe. • Tasting seasonal ingredients. • Selecting seasonal ingredients. • Peeling ingredients safely. • Cutting safely with a vegetable knife.
	evaluate	• Tasting and evaluating different food combinations. • Describing appearance, smell and taste. • Suggesting information to be included on packaging. • Comparing their own smoothie with someone else's.	• Describing the taste, texture and smell of fruit and vegetables. • Taste testing food combinations and final products. • Describing the information that should be included on a label. • Evaluating food by giving a score.	• Establishing and using design criteria to help test and review dishes. • Describing the benefits of seasonal fruits and vegetables and the impact on the environment. • Suggesting points for improvement when making a seasonal tart.
Knowledge		• To know that a blender is a machine which mixes ingredients together into a smooth liquid. • To know that a fruit has seeds. • To know that fruits grow on trees or vines. • To know that vegetables can grow either above or below ground. • To know that vegetables is any edible part of a plant (e.g. roots: potatoes, leaves: lettuce, fruit: cucumber).	• To know that 'diet' means the food and drink that a person or animal usually eats. • To understand what makes a balanced diet. • To know that the five main food groups are: Carbohydrates, fruits and vegetables, protein, dairy and foods high in fat and sugar. • To understand that I should eat a range of different foods from each food group, and roughly how much of each food group. • To know that 'ingredients' means the items in a mixture or recipe.	• To know that not all fruits and vegetables can be grown in the UK. • To know that climate affects food growth. • To know that vegetables and fruit grow in certain seasons. • To know that cooking instructions are known as a 'recipe'. • To know that imported food is food which has been brought into the country. • To know that exported food is food which has been sent to another country.

				• To know that eating seasonal foods can have a positive impact on the environment. • To know that similar coloured fruits and vegetables often have similar nutritional benefits. • To know that the appearance of food is as important as taste.
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Cooking and Nutrition		Year 4	Year 5	Year 6
		Adapting a recipe	Developing a recipe	Come dine with me
Skills	design	• Designing a biscuit within a given budget, drawing upon previous taste testing judgements. • Designing packaging for a biscuit that targets a specific group.	• Adapting a traditional recipe, understanding that the nutritional value of a recipe alters if you remove, substitute or add additional ingredients. • Writing an amended method for a recipe to incorporate the relevant changes to ingredients. • Designing appealing packaging to reflect a recipe. • Researching existing recipes to inform ingredient choices.	• Writing a recipe, explaining the key steps, method and ingredients. • Including facts and drawings from research undertaken.
	make	• Following a baking recipe, including the preparation of ingredients. • Cooking safely, following basic hygiene rules. • Adapting a recipe to meet the requirements of a target audience. • Using a cuboid net to create packaging.	• Cutting and preparing vegetables safely. • Using equipment safely, including knives, hot pans and hobs. • Knowing how to avoid cross-contamination. • Following a step by step method carefully to make a recipe.	• Following a recipe, including using the correct quantities of each ingredient. • Adapting a recipe based on research. • Working to a given timescale. • Working safely and hygienically with independence.
	evaluate	• Evaluating a recipe, considering: taste, smell, texture and appearance. • Describing the impact of the budget on the selection of ingredients. • Evaluating and comparing a range of food products. • Suggesting modifications to a recipe (e.g. This biscuit has too many raisins, and it is falling apart, so next time I will use less raisins).	• Identifying the nutritional differences between different products and recipes. • Identifying and describing healthy benefits of food groups.	• Evaluating a recipe, considering: taste, smell, texture and origin of the food group. • Taste testing and scoring final products. • Suggesting and writing up points of improvements when scoring others' dishes, and when evaluating their own throughout the planning, preparation and cooking process.

				• Evaluating health and safety in production to minimise cross contamination.
Knowledge		• To know that the amount of an ingredient in a recipe is known as the 'quantity.' • To know that safety and hygiene are important when cooking. • To know the following cooking techniques: sieving, measuring, stirring, cutting out and shaping. • To understand the importance of budgeting while planning ingredients for biscuits. • To know that products often have a target audience.	• To understand where meat comes from - learning that beef is from cattle and how beef is reared and processed. • To know that recipes can be adapted to suit nutritional needs and dietary requirements. • To know that I can use a nutritional calculator to see how healthy a food option is. • To understand that 'cross-contamination' means bacteria and germs have been passed onto ready-to-eat foods and it happens when these foods mix with raw meat or unclean objects. • To know that coloured chopping boards can prevent cross-contamination. • To know that nutritional information is found on food packaging. • To know that food packaging serves many purposes.	• To know that 'flavour' is how a food or drink tastes. • To know that many countries have 'national dishes' which are recipes associated with that country. • To know that 'processed food' means food that has been put through multiple changes in a factory. • To understand that it is important to wash fruit and vegetables before eating to remove any dirt and insecticides. • To understand what happens to a certain food before it appears on the supermarket shelf (Farm to Fork).

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Mechanical Systems			Pre-School	Reception
Skills	design			 Reception no mechanical systems unit
	make			
	evaluate			
Knowledge				

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Mechanical Systems		Year 1	Year 2	Year 3
		Moving storybook	Fairground wheel	
Skills	design	- Explaining how to adapt mechanisms, using bridges or guides to control the movement. - Designing a moving story book for a given audience.	- Conducting simple surveys or discussions to gather opinions on what others need or like in a design. - Knowing that a survey is used to find out what people like. - Using a simple design brief that outlines the intended use, target user, and key features of the product, to create simple design criteria. - Knowing that a design brief helps to decide what to make. - Knowing that design criteria are the steps for making a product successful. - Creating ideas with design criteria in mind. - Referring to specific parts of existing products when generating ideas. - Knowing that the design criteria help when thinking of ideas. - Using labels to explain parts of a design, label materials, etc. - Using labels to explain parts of a design, label materials, etc. - Knowing that drawings can help explain how something works. - Knowing that a label explains part of a drawing	 Year 3 no mechanical systems unit
	make	Following a design to create moving models that use levers and sliders.	Choosing materials, ingredients or components from a wider range of materials, ingredients or	

			components. ● Explaining their choices based on the properties of materials and components. ● Knowing some properties of materials like hard, soft, flexible, waterproof, strong etc. ● Following and recalling simple safety instructions. ● Knowing that some tools are sharp like scissors and knives. ● Choosing known geometric shapes when making. ● Beginning to shape objects to improve how they work. ● Knowing the names of some geometric shapes: triangle, pyramid, square, cube, circle, sphere. ● Considering balance in their finishing, like evenly spaced decoration.	
	evaluate	• Testing a finished product, seeing whether it moves as planned and if not, explaining why and how it can be fixed. • Reviewing the success of a product by testing it with its intended audience.	● Discussing a range of existing products and saying what they like and dislike about them. ● Evaluating existing products against design criteria. ● Evaluating their ideas and creations against simple design criteria. ● Knowing that design criteria help to decide if their product is a success. ● Suggesting improvements to their peers' designs and products. ● Knowing that improve means to make something better. ● Knowing that their suggestions can improve someone else's work.	

Knowledge	technical	• To know that a mechanism is the parts of an object that move together. • To know that a slider mechanism moves an object from side to side. • To know that a slider mechanism has a slider, slots, guides and an object. • To know that bridges and guides are bits of card that purposefully restrict the movement of the slider.	To know everyday objects have mechanisms. ● To know many things that move have parts inside to help them work. ● To know mechanisms usually limit unwanted movement. ● To know everyday objects utilise wheels and axles. ● To know wheels must be able to turn to work effectively. ● To know axles allow wheels to turn without falling off.	
	additional	• To know that in Design and technology we call a plan a 'design'.	• To know the features of a fairground wheel include the wheel, frame, pods, a base an axle and an axle holder.	

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Mechanical Systems		Year 4	Year 5	Year 6
Skills	design	 Year 4 no mechanical systems unit	 Year 5 no mechanical systems unit	Automata toys ● Noticing wider-reaching problems or needs in the community. ● Coming up with a broader range of ideas and deeper innovation, requiring pupils to think critically about their ideas' practicality and originality. ● Beginning to use more complex annotated sketches, such as cross-sectional and exploded diagrams and pattern pieces in design.
	make			● Producing lists of equipment, materials and tools that they need for a task. ● Selecting materials, components or ingredients based on research or user needs. ● Explaining their choices, referring to their research. ● Considering which equipment will work well together. ● Choosing from the known range of equipment available to them with little guidance. ● Assessing risks associated with different tools and equipment. ● Understanding and explaining the importance of each safety rule. ● Consistently apply safety instructions. ● Cutting jelutong or other harder wood with a coping saw or a tenon saw in small groups.

				● Cutting in a back-and-forth sawing motion where appropriate. ● In supervised groups, using hot glue guns safely. ● Recognising that hot glue is useful for joining materials that need a strong bond that sets quickly.
	evaluate			● Assessing their designs against a more complex set of design criteria that includes functionality, aesthetics, user experience, sustainability and cost. ● Providing feedback that is helpful, specific and encouraging. ● Incorporating feedback from peers or users to improve their product further, explaining the changes they made and the impact they had.
Knowledge	technical			• To know that the mechanism in an automata uses a system of cams, axles and followers. • To know that different shaped cams produce different outputs. ● To know which mechanisms are working together to make a mechanical system. ● To know that there are different directions of movement. ● To know that mechanisms can change one type of movement to another.
	additional			• To know that an automata is a hand powered mechanical toy. • To know that a cross-sectional diagram shows the inner workings of a product.

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Structures		Pre-School	Reception
Skills	design	Junk modelling	Boats
	make	• Making verbal plans and material choices. • Developing a junk model.	• Designing a junk model boat. • Using knowledge from exploration to inform design.
	evaluate	• Improving fine motor/scissor skills with a variety of materials. • Joining materials in a variety of ways (temporary and permanent). • Joining different materials together. • Describing their junk model, and how they intend to put it together.	• Making a boat that floats and is waterproof, considering material choices.
Knowledge		• Giving a verbal evaluation of their own and others' junk models with adult support. • Checking to see if their model matches their plan. • Considering what they would do differently if they were to do it again. • Describing their favourite and least favourite part of their model.	• Making predictions about, and evaluating different materials to see if they are waterproof. • Making predictions about, and evaluating existing boats to see which floats best. • Testing their design and reflecting on what could have been done differently. • Investigating the how the shapes and structure of a boat affect the way it moves.
	technical	• To know there are a range to different materials that can be used to make a model and that they are all slightly different. • Making simple suggestions to fix their junk model.	• To know that 'waterproof' materials are those which do not absorb water.

	additional			• To know that some objects float and others sink. • To know the different parts of a boat.
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Structures		Year 1	Year 2	Year 3
Skills	design	 Year 1 no structures unit	Baby Bear's chair • Generating and communicating ideas using sketching and modelling. • Learning about different types of structures, found in the natural world and in everyday objects.	 Year 3 no structures unit
	make		• Making a structure according to design criteria. • Creating joints and structures from paper/card and tape. • Building a strong and stiff structure by folding paper.	
	evaluate		• Exploring the features of structures. • Comparing the stability of different shapes. • Testing the strength of own structures. • Identifying the weakest part of a structure. • Evaluating the strength, stiffness and stability of own structure.	
Knowledge	technical		• To know that shapes and structures with wide, flat bases or legs are the most stable. • To understand that the shape of a structure affects its strength. • To know that materials can be manipulated to improve strength and stiffness. • To know that a structure is something which has been formed or made from parts.	

			• To know that a 'stable' structure is one which is firmly fixed and unlikely to change or move. • To know that a 'strong' structure is one which does not break easily. • To know that a 'stiff' structure or material is one which does not bend easily.	
	additional		• To know that natural structures are those found in nature. • To know that man-made structures are those made by people.	

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Structures		Year 4	Year 5	Year 6
			Bridges	Playgrounds
Skills	design	 Year 4 no structures unit	• Designing a stable structure that is able to support weight. • Creating a frame structure with a focus on triangulation.	• Designing a playground featuring a variety of different structures, considering how the structures will be used and considering effective and ineffective designs.
	make		• Making a range of different shaped beam bridges. • Using triangles to create truss bridges that span a given distance and support a load. • Building a wooden bridge structure. • Independently measuring and marking wood accurately. • Selecting appropriate tools and equipment for particular tasks. • Using the correct techniques to saws safely. • Identifying where a structure needs reinforcement and using card corners for support. • Explaining why selecting appropriating materials is an important part of the design process. • Understanding basic wood functional properties.	• Building a range of play apparatus structures drawing upon new and prior knowledge of structures. • Measuring, marking and cutting wood to create a range of structures. • Using a range of materials to reinforce and add decoration to structures.
	evaluate		• Adapting and improving own bridge structure by identifying points of weakness and reinforcing them as necessary.	• Improving a design plan based on peer evaluation. • Testing and adapting a design to improve it as it is developed.

			• Suggesting points for improvements for own bridges and those designed by others.	• Identifying what makes a successful structure.
Knowledge	technical		• To understand some different ways to reinforce structures. • To understand how triangles can be used to reinforce bridges. • To know that properties are words that describe the form and function of materials. • To understand why material selection is important based on properties. • To understand the material (functional and aesthetic) properties of wood.	• To know that structures can be strengthened by manipulating materials and shapes.
	additional		• To understand the difference between arch, beam, truss and suspension bridges. • To understand how to carry and use a saw safely.	• To understand what a 'footprint plan' is. • To understand that in the real world, design, can impact users in positive and negative ways. • To know that a prototype is a cheap model to test a design idea.

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Textiles			Pre-School	Reception
Skills	design			Bookmarks
	make			• Discussing what a good design needs. • Designing a simple pattern with paper. • Designing a bookmark. • Choosing from available materials.
	evaluate			• Developing fine motor/cutting skills with scissors. • Exploring fine motor/threading and weaving (under, over technique) with a variety of materials. • Using a prepared needle and wool to practise threading.
Knowledge				• Reflecting on a finished product and comparing to their design.
				• To know that a design is a way of planning our idea before we start. • To know that threading is putting one material through an object.

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Textiles		Year 1	Year 2	Year 3
		Puppets	 Year 2 no textiles unit	Egyptian collars
Skills	design	Using a template to create a design for a puppet.		Designing and making a template and applying individual design criteria.
	make	- Cutting fabric neatly with scissors. - Using joining methods to decorate a puppet. - Sequencing steps for construction.		- Following design criteria to create an Egyptian collar. - Selecting and cutting fabrics with ease using fabric scissors. - Threading needles with greater independence. - Tying knots with greater independence. - Sewing cross stitch to join fabric. - Decorating fabric using appliqué. - Completing design by embellishing the collars based on design ideas.
	evaluate	Reflecting on a finished product, explaining likes and dislikes.		Evaluating an end product and thinking of other ways in which to create similar items.
Knowledge		- To know that a design is a way of planning our idea before we start. - To know that threading is putting one material through an object.		- To know that applique is a way of mending or decorating a textile by applying smaller pieces of fabric to larger pieces. - To know that when two edges of fabric have been joined together it is called a seam. - To know that it is important to leave space on the fabric for the seam. - To understand that some products are turned inside out after sewing so the stitching is hidden.

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Textiles		Year 4	Year 5	Year 6
		Fastenings		
Skills	design	• Writing design criteria for a product, articulating decisions made. • Designing a personalised book sleeve.	 Year 5 no textiles unit	 Year 6 no textiles unit
	make	• Making and testing a paper template with accuracy and in keeping with the design criteria. • Measuring, marking and cutting fabric using a paper template. • Selecting a stitch style to join fabric, working neatly by sewing small, straight stitches. • Incorporating fastening to a design.		
	evaluate	• Evaluating an end product and thinking of other ways in which to create similar items.		
Knowledge		•To know that applique is a way of mending or decorating a textile by applying smaller pieces of fabric to larger pieces. •To know that when two edges of fabric have been joined together it is called a seam. •To know that it is important to leave space on the fabric for the seam. •To understand that some products are turned inside out after sewing so the stitching is hidden.		

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Electrical Systems (KS2)				Year 3
Skills	design			 Year 3 no electrical systems unit
	make			
	evaluate			
Knowledge				

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Electrical Systems (KS2)		Year 4	Year 5	Year 6
		Torches	Doodlers	
Skills	design	Designing a torch, considering the target audience and creating both design and success criteria focusing on features of individual design ideas.	- Identifying factors that could be changed on existing products and explaining how these would alter the form and function of the product. - Developing design criteria based on findings from investigating existing products. - Developing design criteria that clarifies the target user.	 Year 6 no electrical systems unit
	make	- Making a torch with a working electrical circuit and switch. - Using appropriate equipment to cut and attach materials. - Assembling a torch according to the design and success criteria.	- Altering a product's form and function by tinkering with its configuration. - Making a functional series circuit, incorporating a motor. - Constructing a product considering the design criteria. - Breaking down the construction process into steps so that others can make the product.	
	evaluate	- Evaluating electrical products. - Testing and evaluating the success of a final product.	- Carry out a product analysis to look at the purpose of a product along with its strengths and weaknesses. - Determining which parts of a product affect its function and which parts affect its form. - Analysing whether changes in configuration positively or negatively affect an existing product.	

			• Peer evaluating a set of instructions to build a product.	
Knowledge	technical	• To understand that electrical conductors are materials which electricity can pass through. • To understand that electrical insulators are materials which electricity cannot pass through. • To know that a battery contains stored electricity that can be used to power products. • To know that an electrical circuit must be complete for electricity to flow. • To know that a switch can be used to complete and break an electrical circuit.	• To know that series circuits only have one direction for the electricity to flow. • To know when there is a break in a series circuit, all components turn off. • To know that an electric motor converts electrical energy into rotational movement, causing the motor's axle to spin. • To know a motorised product is one which uses a motor to function.	
	additional	• To know the features of a torch: case, contacts, batteries, switch, reflector, lamp, lens. • To know facts from the history and invention of the electric light bulb(s) - by Sir Joseph Swan and Thomas Edison.	• To know that product analysis is critiquing the strengths and weaknesses of a product. • To know that 'configuration' means how the parts of a product are arranged.	

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Digital world (KS2)		Year 3	
Skills	design		Wearable technology • Problem solving by suggesting which features on a Micro: bit might be useful and justifying my ideas. • Drawing and manipulating 2D shapes, using computer-aided design, to produce a point of sale badge. • Developing design ideas through annotated sketches to create a product concept. • Developing design criteria to respond to a design brief. • Following a list of design requirements. • Writing a program to control (button press) and/or monitor (sense light) that will initiate a flashing LED algorithm. • Analysing and evaluating wearable technology. • Using feedback from peers to improve design. • To understand that, in programming, a 'loop' is code that repeats something again and again until stopped. • To know that a Micro:bit is a pocket-sized, codeable computer. • To know that a simulator is able to replicate the functions of an existing piece of technology.
	make		
	evaluate		
Knowledge	technical		

	additional			• To know what the 'Digital Revolution' is and features of some of the products that have evolved as a result. • To understand what is meant by 'point of sale display.' • To know that CAD stands for 'Computer-aided design'. • To know what a focus group is by taking part in one.
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Digital world (KS2)		Year 4	Year 5	Year 6
Skills	design	 Year 4 no digital world unit	 Year 5 no digital world unit	 Year 6 no digital world unit
	make			
	evaluate			
Knowledge	technical			
	additional			